

**Sunday,
Mar 15th,
2026**

Volga Christian Reformed Church
Pastor: Joshua Carpenter - Phone: 269-271-8603
Sunday, Mar 15th, 2026

Morning Worship 9:30 AM: Worship Leader: Pastor Joshua Carpenter
Organist: Marge Kleinjan
Pianist: Joan Bjorklund

Prelude

Welcome & Call to Worship - Ps. 117

Silent Prayer of Preparation

Song - PH 624 Hear our Prayer, O Lord

***Song - PH 253 Praise to the Lord, the Almighty (Verses 1 & 4)**

*God's Greeting

*We Greet Each Other

Summary of God's Law by Jesus (Matthew 22:37-40)

Song - PH 267 And Can It Be (Verses 1-3)

Congregational Prayer

Offering: Skavdahls & Budget

Children's Message

***Song - RB 303 Open My Eyes That I May See (Verse 1)**

Scripture Lesson: **Proverbs 23:19-21 & Philippians 3:17-21**

Text: **Proverbs 23:19-21 & Philippians 3:19**

Message: **Putting Off Gluttony, Putting On Self-Control**

Prayer

Lord's Supper

***Song - PH 267 And Can It Be (Verses 4)**

*God's Blessing

***Doxology: PH 473 To God Be the Glory (Verse 1)**

Postlude

* Please stand if you are able

WELCOME: We rejoice in the presence of all who have come to worship the Lord. May God's grace rest upon us and prepare us for the week ahead. Everyone is invited to stay after the morning service for coffee and fellowship.

Ushers for March: Clyde Ulvestad, Gene Volkers; Alternate: Jerry Runia
Elevator Attendant for March: Cyndi Ulvestad

Calendar:

Today: 9:30 AM Morning Worship
10:45 AM Preschool-5th Grade Sing
11:00 AM Sunday School & Potluck
6:30 PM Lenten Service at Calvary OPC
Wed: 2:00 PM Women's Bible Study
6:30 PM Cadets
7:00 PM Senior High Youth Group
Fri: 9:30 AM Step Into Spring
Sat: 8:30 PM Men's Bible Study

Prayer Concerns:

- May we keep in prayer our shut-ins: **Betty Vander Zee**
- Please keep **Brian and Andrea Vanleer** in your prayers. Brian was diagnosed with two inoperable tumors on his brain last week. He is currently working with Mayo Clinic and using radiation trying to shrink them. Brian is a friend of Jerry Runia and others in the congregation.

Announcements:

- **Combined Sunday School & Potluck - Today**, instead of our normal Sunday School hour, we'll have a combined lesson along with a potluck. Hope to see you there!
- **2026 Evening Lenten Services** - This week continues our combined evening Lenten services. Throughout this season, we're joining with Calvary OPC and First Reformed Church for evening worship services. This year, we're exploring the theme: God's story of redemption, taking a look at the overarching narrative of the Bible, beginning with creation, moving on to the fall, and then our redemption in and through Christ. Worship will begin at **6:30 PM**. The schedule for which church hosts each week and times of fellowship are as follows:
 - **March 15th - Calvary OPC**
 - **March 22nd - Volga CRC**
 - **March 29th - First Reformed Church (Fellowship)**
- **Cadet Counselor Meeting** will take place this Tuesday, March 17th, at Sioux Falls 1st CRC at 7:30 pm.
- **Women's Bible Study** meets this week **Wednesday** at 2 PM in the church basement. Pastor Josh will lead the next lesson, Lesson 18: Warnings that Protect Us. Come and enjoy spending time in God's Word, as well as food and fellowship afterwards. Lunch Provider: Joan Bjorklund.
- **Senior High Youth Group** - Senior High Youth Group meets this week, Wednesday at First Reformed Church, starting at **7 PM**. Hope to see you there and bring a friend!
- **Step Into Spring** - Mark your calendars for **March 20**, the first day of Spring, as we'll be joining together with Calvary OPC and First Reformed Church to get out

and enjoy the changing of the seasons! We will meet at Volga CRC at 9am for a 1-mile walk followed by a breakfast at **9:30am**. Feel free to join for breakfast even if you are unable to go on the walk.

- **Men's Bible Study** will meet on **Saturday, March 21**, in the church basement. A time of breakfast and fellowship will start at **8:30 AM** with the lesson beginning at **9 AM**. Pastor Josh will lead the next lesson, Lesson 4: A Love the World Wants.
- **Denominational Survey** - Have you been heard? Our congregation has a once-in-five-year opportunity to participate in the 2025 CRC denominational survey. This survey helps denominational leadership understand the concerns and needs of local congregations like ours. It is crucial that as many people from our congregation as possible participate. Please visit crcna.org/survey/6684 to answer the survey questions by March 31.
- One of the ministries of **Volunteers in Mercy (VIM)** is to provide transportation for people in the SW MN area who don't have ways to get to appointments. We are in need of a vehicle for that purpose. **If you have a good used vehicle** that you might be in a position to donate or sell at a reasonable price, please contact Dennis Kroll at **507-220-4231**. Thanks for your support for this ministry.

Looking Ahead:

- **Potluck** - On **Sunday, March 22nd**, there will be a potluck held over at the Westside Apartments in the community room for whoever would like to join. The meal will begin at **12:30 PM**.
- **Food and Fellowship Wednesdays - Wednesday, March 25th**, is Food and Fellowship Wednesday! It will run from **5:30-7 PM**. Swing on by for some food and fellowship; bring a friend, a neighbor, someone we can share the light and love of Christ with! Carry-out will also be available. March Menu: Baked Potato Bar and Dessert.
- **Prayer Day Service** - Following Food and Fellowship on **March 25th**, we'll have our annual Prayer Day Service, starting at **7 PM** where we'll spend some time reflecting on the topic of prayer as well as coming before God's throne of grace in prayer together regarding various aspects of life.
- The **Volga Christian School** will be having an open house on **Monday, March 30th** from **4:00-6:00pm**. This event is a great opportunity for families to tour the school, meet the teachers, and learn more about the Christ-centered education they provide for students from K-Prep through 8th grade. They will also be sharing information about scholarships and opportunities for new families who may be considering Christian education.
- The **Rehoboth Christian High School** band invites you to attend their concerts while they are touring in your local area.
 - **March 26:** Shalom CRC Sioux Falls, SD 5:00-6:30 PM Navajo Taco Meal, 7:00 PM Concert
 - **March 27:** Dordt University, BJ Haan Auditorium 7:00 PM Concert
 - **March 28:** Calvary CRC Orange City, IA 5:00-6:30 PM Navajo Taco Meal, 7:00 PM Concert
 - **March 29:** Trinity CRC Rock Valley, IA 9:30 AM Service Participation

- **March 29:** Luverne CRC. Luverne, MN 6:30 PM Concert
 **All concerts are free to attend with a free-will offering taken. For more information visit <https://www.rcsnm.org/admissions/schools/finearts.cfm> or email Laura Blystra at lblystra@rcsnm.org.
- **Good Friday Service** will take place on **Friday, April 3rd**, at Volga CRC at **6:30pm**. We will celebrate **The Lord's Supper** during this service.
- **Cornerstone Prison Church Council, Board and Congregation** would like to invite you to our **Annual Benefit Banquet on Monday, April 13th, 2026** Trinity Christian Reformed Church, Rock Valley, IA at 6:30 p.m. Doors will open at 6:00 p.m. Save your spot by Thursday, April 9 by calling Trinity CRC at 712-476-5292 or go to our website www.cornerstonepcsd.org.

Notes From Council Meeting:

- Council approved dates for the following:
 - Baptism of Ryker Van Norden: April 19th
 - Gideon Sunday: May 3rd
- Council Meeting dates for May & June will be moved ahead one week to May 6th and June 3rd

Offerings received in February:

General Fund.....	\$9,920.76	Building Project.....	\$804.00
Cadets.....	\$513.00	Volga Christian School.....	\$1,363.00
Option 1.....	\$776.00		

Offering Schedule:

- Mar 15th: Skavdahls' & Budget
- Mar 22nd: Option 1 & Budget
- Mar 29th: Building Project
- Apr 5th: VCS & Budget

Nursery Schedule:

- Mar 15th: Van Norden Family
- Mar 22nd: Fey Family
- Mar 29th: Runia Family
- Apr 5th: Top Family

Sermon Resources for Further Study:

- *Glittering Vices: A New Look at the Seven Deadly Sins and their Remedies* by Rebecca Konyndyk DeYoung
- *Proverbs - Wisdom that Works* by Raymond C. Ortlund Jr.
- *Proverbs: The Tree of Life* by Graeme Goldsworthy

“Gluttony, like the other capital vices, grows out of pride. How do a spiritual sin like pride and a vice as physical as gluttony go together?...When we are gluttonous, our excessive desire is a marker of our need to fill ourselves, to provide for our own happiness and pleasure.” - Rebecca DeYoung

“Fasting reveals the things that control us.” - Richard Foster

“Eating is not merely a physical act for us. It is a human act and an identity-forming one - a social and symbolic one.” - Rebecca DeYoung

March 15, 2026 | Putting Off Gluttony, Putting On Self-Control | Proverbs 23:19-21 & Phil 3:19

Theme: _____ on the Lord for help in _____ in _____ and spiritual _____.

1. _____ Different _____:

F

R

E

S

H

2. Gluttony's _____ Lethality:

3. What are We to _____ _____ in Its _____?:

Weekly Reflection: Which facets of gluttony are you commonly tempted by? How can we help encourage one another in growing in self-control, even as we look to the Lord for His grace and strength?